

FUTSAL RULES SIMPLIFIED

1. From a kick off, the ball must be played forward. A goal CANNOT be scored directly from a kick off.
2. A team consists of 5 players, 4 court players and 1 goalkeeper
3. No tackling from behind or dangerous slide tackling is allowed.
4. Dangerous play is not allowed.
5. All players must wear shin pads and long socks
6. Cleats are not allowed
7. Unlimited 'flying' substitutions. Players can re-enter the game as many times as desired, including the goalkeeper A substitute player can only enter after the player they are substituting is of the court.
8. There is NO offside in Futsal, and players can score from anywhere in the court of play.
9. When the ball goes out over the sideline, it is then placed on the sideline; it must be stationary and kicked into the court to another player. All opposing players must be at least 3 feet from the ball, the foot not kicking the ball must be OUT of the court or part of the foot touching the side line.
10. A goal cannot be scored directly from a sideline kick, but you can from a corner kick
11. The goalkeeper cannot throw the ball over the 2/3 line on a small court, or over ½ way line on an International size court, once the Goalkeeper uses their hands to handle the ball, they must throw the ball back into play, however if the goalkeeper does not handle the ball with their hands, they are free to kick the ball any length and even score.
12. The Goalkeeper is not allowed to drop-kick the ball at any time.
13. Goal Clearance or Goalkeepers throw, the goalkeeper throws the ball from the marked goal area to restart play after the ball has gone over the goal line, last being touched by an attacking player.
14. The goalkeeper has 5 seconds time limit to control the ball and release it from their possession in their own half of the pitch.
15. Goalkeepers are not allowed to pick up the ball with their hands from a deliberate back pass from any of their teammates.
16. The game has a 5 second time limit at all kick-ins, corner kicks and free kicks.
17. Free Kicks, the opposition must be back 3 feet from the taking of any free kicks, unless the team awarded the free kick decides to take a quick free kick.
18. Hand ball is when a ball touches a player from the shoulder down (not including the shoulder). A deliberate hand ball will be awarded with a direct free kick/penalty to the opposition. An accidental hand ball will be awarded an indirect free kick to the opposition